

# ANNA STANZEL

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## ACADEMIC POSITIONS

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Since Mar 2024 **Research Fellow**, Charlotte Fresenius Hochschule, Munich, Germany  
*Differential Psychology and Psychological Diagnostics*

## EDUCATION

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Since Mar 2023 **Training as a Clinical Psychotherapist (Systemic Therapy)**, FamThera Institute, Grimma, Germany

Mar 2023 **Positive Psychology Coach**, German Society for Positive Psychology, Berlin, Germany

Dec 2022 **M.Sc. Psychology**, Leipzig University, Germany  
Thesis: *Successfully Striving for Happiness: A Light Intervention Fostering Socially Engaged Pursuits of Happiness*  
Supervisor: Dr. Julia Rohrer

Dec 2021 **Certified Professional of Positive Psychology**, German Society for Positive Psychology, Berlin, Germany

Sept 2020 **B.Sc. Psychology**, Leipzig University, Germany  
Thesis: *Pediatric Medical Traumatic Stress (PMTS) following Surgery in Childhood and Adolescence: A Systematic Review*  
Supervisor: Dr. Susan Sierau

Jan 2019 – May 2019 **Semester Abroad**, Hobart and William Smith Colleges, Geneva, USA

## RESEARCH EXPERIENCE

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Sept 2022 – Dec 2022 **DAAD Promos Research Intern**, University of Toronto, Canada  
*Department of Psychology, Research Chair in Population Well-being*  
Supervisor: Prof. Dr. Felix Cheung  
– Topic: Well-being in Venezuela during the socioeconomic crisis

Oct 2019 – Mar 2021 **Student Assistant**, Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig, Germany  
*Lab Adaptive Memory (Dr. Roland G. Benoit)*  
– Topic: Episodic future simulation and episodic future thinking

Jun 2019 – Sept 2019 **DAAD RISE & Mitacs Research Intern**, University of British Columbia, Canada  
*Department of Psychology, Child Study Lab*  
Supervisor: Honorary Emerita Professor, Dr. Catherine Ann Cameron  
– Topic: Healthy Development and Wellbeing of Children and Youth – moral judgments and justifications of lying, social relationships, coping

Aug 2018 – Dec 2018 **DAAD RISE Research Intern**, Bangor University, United Kingdom  
*Department of Psychology*  
Supervisor: Dr. Leanne Rowlands  
– Topic: Evaluating a psycho-education group intervention to improve emotion regulation in patients with brain injury

## CLINICAL AND CONSULTING EXPERIENCE

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Mar 2023 – Feb 2024 **Psychologist**, Clinic for Integrative Psychiatry, Psychosomatics and Psychotherapy, Zschadraß

Apr 2021 – Jun 2022 **Working Student**, Business Consulting Change2be, Leipzig

Feb 2021 – Mar 2021 **Intern**, Child and Adolescent Psychiatry, Asklepios Tagesklinik Gera


Sept 2020 – Dec 2020 **Intern**, Family Counselling Centre Wegweiser e.V., Leipzig



Oct 2019 – Dec 2019 **Intern**, Family Counselling Centre Famthera, Leipzig

Feb 2018 – Jan 2019 **Student Assistant**, Psychotherapy Practice, Dr. med. Wähler, Leipzig

Feb 2017 – Jun 2017 **Student Assistant**, Psychotherapy Practice, Dipl.-Psych. Choroba-Steinmetz, Leipzig

## PUBLICATIONS

Shao, S., **Stanzel, A.**, Duan, T., McKay, S. L., Cameron, C.A. (2022). Adolescent Attachment, Affect, and Behavior as Related to Coping Responses to a Psychosocial Stressor. *Child Youth Care Forum*. <https://doi.org/10.1007/s10566-022-09718-5> [Read Publication Online](#)  [Open Science Badges](#)

**Stanzel, A.**, Sierau, S. (2021). Pediatric Medical Traumatic Stress (PMTS) following Surgery in Childhood and Adolescence: A Systematic Review. *Journal of Child & Adolescent Trauma*. <https://doi.org/10.1007/s40653-021-00391-9> [Read Publication Online](#)  

## CONFERENCE CONTRIBUTIONS

Shao, S., Duan, T., **Stanzel, A.**, McKay, S. L., Cameron, C.A. (Jun 2022; poster) Teens' Coping: Affect & Attachment. *Canadian Psychological Association*, Calgary, Canada

Gill, H., Ribeiro, A.M, **Stanzel, A.**, Shao, S., Gerhardt, E., Yiu, N., & Cameron, C.A. (Apr 2020; poster) Canadian and Chinese adolescents' behavioral intentions regarding lying and truth-telling. *American Educational Research Association Annual Meeting*, Virtual

## SCHOLARSHIPS

2022	<b>DAAD PROMOS</b> , University of Toronto <b>Vacasol Global Engagement 2023 (travel grant)</b> , University of Toronto
2020	<b>DAAD RISE worldwide</b> , Macquarie University, canceled due to Covid-19
2019	<b>DAAD RISE worldwide</b> , University of British Columbia
2019	<b>DAAD PROMOS</b> , Hobart and William Smith Colleges
2018	<b>DAAD RISE worldwide</b> , Bangor University

## VOLUNTEERING

Oct 2019 – Mar 2020	<b>Buddy for International Students</b> , BeBuddy!, Leipzig University
Jan 2014 – Dec 2014	<b>Coach for Youth Athletics</b> , Track and field, Gera

## TEACHING

Since Apr 2024	<b>Seminar: Differential Psychology</b> , 2 <sup>nd</sup> year bachelor course
Since Apr 2024	<b>Seminar: Psychological Diagnostics</b> , 2 <sup>nd</sup> year bachelor course

## ADDITIONAL TRAINING

Jun 2020	<b>Compassionate Integrity Training – CIT</b> , Life University, Online
Feb 2021	<b>Trauma Therapy E-Learning</b> , ECQAT, University Hospital Ulm
Sept 2018	<b>Summer School Visceral Mind</b> , Bangor University
Aug 2018	<b>Workshop: The Science of Social Interaction</b> , Bangor University
Jul 2018	<b>Seminar: Planning and Conducting Psychological Experiments</b> , Max Planck Institute for Human Cognitive and Brain Sciences, Leipzig