

# Publikationen

Dr. Caroline Zygar-Hoffmann  
Leopoldstraße 13  
80802 München, Deutschland



Email: caroline.zygar@psy.lmu.de  
Website: <https://psycaroly.github.io/>

Ich orientiere mein Verhalten an den Werten Offenheit, gegenseitigem Respekt und Dankbarkeit und stehe für Transparenz in der Wissenschaft ein: <http://www.researchtransparency.org>

## Peer-Reviewed Zeitschriften

- ⌚💡✓ Zygar-Hoffmann, C., Cristoforo, L., Wolf, L. & Schönbrodt, F. D. (2022). Eliciting short-term closeness in couple relationships with Ecological Momentary Interventions. *Collabra: Psychology*, 8(1): 38599, 1-26. <https://doi.org/10.1525/collabra.38599>. Preregistration and study materials: <https://osf.io/aghcm/>
- ⌚✓ Werner, G., Sckopke, P., Cludius, B., Stefan, A., Schönbrodt, F. D., & Zygar-Hoffmann, C. (2022). The predictive power of insomnia symptoms on other aspects of mental health during the COVID-19 pandemic: A longitudinal study. *Journal of Sleep Research*, e13641, 1-13. <https://doi.org/10.1111/jsr.13641>. Preregistration and study materials: <https://osf.io/72eig/>
- ⌚💡 Pusch, S., Schönbrodt, F. D., Zygar-Hoffmann, C., & Hagemeyer, B. (2022). Motivational interdependence in couple relationships. *Frontiers in Psychology*, 13:827746, 1-22. <https://doi.org/10.3389/fpsyg.2022.827746>. Study materials: <https://osf.io/2fz5w/>
- Schönbrodt, F., Zygar-Hoffmann, C., Frank, M., & Gollwitzer, M. (2022). Gute wissenschaftliche Praxis „hands-on“: Ein Kerncurriculum für Empirische Praktika. *Psychologische Rundschau*, 73(2), 130–132. <https://doi.org/10.1026/0033-3042/a000590>
- ⌚💡 Schönbrodt, Zygar-Hoffmann, Nestler, Pusch, & Hagemeyer (2021). Measuring motivational relationship processes in experience sampling: A reliability model for moments, days, and persons nested in couples. *Behavior Research Methods*. <https://doi.org/10.3758/s13428-021-01701-7>. Study materials: <https://osf.io/jmeaw/>
- ⌚💡 Pusch, S., Schönbrodt, F. D., Zygar-Hoffmann, C., & Hagemeyer, B. (2021). Perception of communal motives in couples: Accuracy, bias, and their associations with relationship length. *Journal of Research in Personality*, 91. <https://doi.org/10.1016/j.jrp.2020.104060>. Study materials: <https://osf.io/jc932/>
- ⌚💡✓ Zygar-Hoffmann, C., Pusch, S., Hagemeyer, B., & Schönbrodt, F. D. (2020). Motivated behavior in intimate relationships: Comparing the predictive value of motivational variables. *Social Psychological Bulletin*, 15(2), 1-37. <https://doi.org/10.32872/spb.2873>. Preregistration and study materials: <https://osf.io/urwg7/>
- ⌚💡✓ Zygar-Hoffmann, C., & Schönbrodt, F. D. (2020). Recalling experiences: Looking at momentary, retrospective and global assessments of relationship satisfaction. *Collabra: Psychology*, 6(1): 7, 1-26. <http://doi.org/10.1525/collabra.278>. Preregistration and study materials: <https://osf.io/sq7mw/>
- ⌚💡 Pusch, S., Schönbrodt, F. D., Zygar-Hoffmann, C., & Hagemeyer, B. (2020). Truth and wishful thinking: How interindividual differences in communal motives manifest in momentary partner perceptions. *European Journal of Personality*, 34(1), 115-134. <https://doi.org/10.1002/per.2227>. Study materials: <https://osf.io/cbsqq/>
- ⌚💡 Schönbrodt, F. D., Hagemeyer, B., Brandstätter, V., Czikmantori, T., Gröpel, P., Hennecke, M., . . . Zygar-Hoffmann, C., & Schultheiss, O. C. (2020). Measuring implicit motives with the picture story exercise (PSE): Databases of expert-coded German stories, pictures, and updated picture norms. *Journal of Personality Assessment*, 1-14. <https://doi.org/10.1080/00223891.2020.1726936>. Study materials: <https://osf.io/dj8g9/>

|                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|-------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                         |    <b>Zygar, C.</b> , Hagemeyer, B., Pusch, S., & Schönbrodt, F. D. (2018). From motive dispositions to states to outcomes: An intensive experience sampling study on communal motivational dynamics in couples. <i>European Journal of Personality</i> , 32, 306–324.<br><a href="https://doi.org/10.1002/per.2145">https://doi.org/10.1002/per.2145</a> . Preregistration and study materials: <a href="https://osf.io/b8pu6/">https://osf.io/b8pu6/</a> |
| Datensatz-Publikationen |   <b>Zygar, C.</b> , & Pfundmair, M. (2017). Does the female cycle matter? Looking at aggressive intentions after social exclusion. <i>Social Influence</i> , 12(1), 1-14. doi: 10.1080/15534510.2017.1301990. Open data and study materials: <a href="https://osf.io/aqrm9/">https://osf.io/aqrm9/</a>                                                                                                                                                                                                                                  |
|                         | <b>Zygar-Hoffmann, C.</b> , Hagemeyer, B., Pusch, S., & Schönbrodt, F.D. (2020). <i>A large longitudinal study on motivation, behavior and satisfaction in couples: Research data from a four-week experience sampling study with a pre-, post-, and one-year follow-up-assessment [translated title] [data and documentation]</i> . Trier, Germany: Center for Research Data in Psychology PsychData of the Leibniz Institute for Psychology Information ZPID.<br><a href="https://doi.org/10.5160/psychdata.zrce18mo99">https://doi.org/10.5160/psychdata.zrce18mo99</a>                                                                                                                                 |
|                         | <b>Zygar, C.</b> , Hagemeyer, B., Pusch, S., & Schönbrodt, F.D. (2018). <i>From motive dispositions to states to outcomes: Research data of an intensive experience sampling study on communal motivational dynamics in couples [translated title] [data and documentation]</i> . Trier, Germany: Center for Research Data in Psychology PsychData of the Leibniz Institute for Psychology Information ZPID. <a href="https://doi.org/10.5160/psychdata.zrce16dy99">https://doi.org/10.5160/psychdata.zrce16dy99</a>                                                                                                                                                                                       |
| Andere Zeitschriften    | <b>Zygar, C.</b> & Albert von-der-Gönna, J. (2018). Big Data in der Psychologie [Big data in psychology]. <i>Akademie Aktuell</i> , 64, 54-55.<br><a href="http://badw.de/fileadmin/pub/akademieAktuell/2018/64/AA_0118_18_Zygar_V03.pdf">http://badw.de/fileadmin/pub/akademieAktuell/2018/64/AA_0118_18_Zygar_V03.pdf</a>                                                                                                                                                                                                                                                                                                                                                                                |
|                         | <b>Zygar, C.</b> , Schabel, S., & Woschée, R. (2016). Bewerber geben Arbeitsproben ab [Job candidates provide work samples]. <i>Personalwirtschaft Recruiting Guide 2016</i> , 92-94.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|                         | <b>Zygar, C.</b> (2015). Sinnvoll Feedback geben am Arbeitsplatz [Giving reasonable feedback in the workplace]. <i>Evidenzbasierte Wirtschaftsprüfungspsychologie</i> , (1). Ludwig-Maximilians-Universität München.<br><a href="http://evidenzbasiertesmanagement.de/dokumente/ebm_dossiers/ebm_01_feedback.pdf">http://evidenzbasiertesmanagement.de/dokumente/ebm_dossiers/ebm_01_feedback.pdf</a>                                                                                                                                                                                                                                                                                                      |
| Buchkapitel             | <b>Zygar, C.</b> & Angus, J. (2016). Dankbarkeit [Gratitude]. In D. Frey (Ed.), <i>Psychologie der Werte [Psychology of Values]</i> (S.37-52). Berlin, Heidelberg: Springer.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
| Abschlussarbeiten       | <b>Zygar-Hoffmann, C.</b> (2020). <i>Taking a closer look at the ups and downs in couple relationships: Using the Experience Sampling Method to study motivation, behavior, and feelings in dyads</i> . <a href="https://doi.org/10.5282/edoc.26579">https://doi.org/10.5282/edoc.26579</a>                                                                                                                                                                                                                                                                                                                                                                                                                |
|                         | <b>Zygar, C.</b> (2016). Verhalten am Smartphone als Indikator für fluide Intelligenz [Smartphone behavior as indicator of fluid intelligence]. <a href="https://osf.io/fa2t3/">https://osf.io/fa2t3/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
|                         | <b>Zygar, C.</b> (2013, June 24). Der Einfluss emotionaler Intelligenz auf die Befriedigung impliziter Motive [The influence of emotional intelligence on the satisfaction of implicit motives]. <a href="https://doi.org/10.17605/OSF.IO/6CSF7">https://doi.org/10.17605/OSF.IO/6CSF7</a>                                                                                                                                                                                                                                                                                                                                                                                                                 |
| Konferenz-Vorträge      | <b>Zygar-Hoffmann, C.</b> , Hagemeyer, B., & Schönbrodt F. (2023, October). Zusammenhänge von momentan erlebter agentischer Motivation mit impliziten und expliziten Motivdispositionen [Relationships between momentary experienced agentic motivation and implicit as well as explicit motive dispositions]. Präsentation auf dem 41. Motivationspsychologischen Kolloquium [41 <sup>th</sup> Colloquium on Motivation Psychology] in Jena.                                                                                                                                                                                                                                                              |
|                         | <b>Zygar-Hoffmann, C.</b> , Cristoforo, L., Wolf, L. & Schönbrodt, F. D. (2023, June). <i>Using Ecological Momentary Interventions to elicit momentary feelings of closeness to one's relationship partner</i> . Präsentation auf der Society for Ambulatory Assessment Conference 2022 in Amsterdam, Niederlande.                                                                                                                                                                                                                                                                                                                                                                                         |
|                         | <b>Zygar-Hoffmann, C.</b> & Schönbrodt, F. D. (2023, May). <i>Experimental Study on Motivational Processes in Couples using Ecological Momentary Interventions</i> . Pre-Study-                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |

Poster auf der Society for the Improvement of Psychological Science Conference 2023 in Padua, Italien.

**Zygar-Hoffmann, C.**, Hagemeyer, B., Pusch, S., & Schönbrodt F. (2022, July). *Synchrony and Dominance: Strategies to solve motivational conflicts in couple relationships?* Präsentation auf der digitalen 20. European Conference on Personality ausgerichtet von der Universität Madrid, Spanien.

**Zygar-Hoffmann, C.** & Schönbrodt, F. (2021, November). *Experiencing communion and independence in couple relationships: How motive dispositions and motivational states interact to overcome situational barriers.* Präsentation auf dem 39. Motivationspsychologischen Kolloquium [39<sup>th</sup> Colloquium on Motivation Psychology] in Zürich, Schweiz.

**Zygar-Hoffmann, C.** & Schönbrodt, F. (2021, September). *The role of motive dispositions and motivational states for persistent instrumental behavior in couple relationships during the COVID-19 pandemic.* Präsentation auf der digitalen 15. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik (DPPD) ausgerichtet von der Universität Ulm.

**Zygar-Hoffmann, C.** & Schönbrodt, F. (2021, Juli). *On different regulation strategies of closeness and distance in intimate relationships.* Präsentation auf der digitalen Society for Ambulatory Assessment Conference 2021 ausgerichtet von der Universität Zürich, Schweiz.

**Zygar-Hoffmann, C.** & Schönbrodt, F. (2020, Januar). *Assessing relationship satisfaction with experience sampling: Achieving accuracy and reducing bias.* Präsentation auf der Society for Ambulatory Assessment Conference 2020 in Melbourne, Australien.

**Zygar, C.**, Hagemeyer, B., Pusch, S., & Schönbrodt F. (2018, September). *Motivationale Konflikte in Partnerschaften: Synchronisation oder Dominanz? [Motivational conflicts in relationships: Synchronisation or dominance?].* Präsentation auf dem 38. Motivationspsychologischen Kolloquium [38<sup>th</sup> Colloquium on Motivation Psychology] in Konstanz.

**Zygar, C.**, Hagemeyer, B., Pusch, S., & Schönbrodt F. (2018, September). *Paarforschung mit impliziten Motiven: Mit Experience-Sampling die motivationalen Prozesse verstehen [Relationship research with implicit motives: Understanding the motivational processes with experience sampling].* Präsentation auf dem 51. Kongress der Deutschen Gesellschaft für Psychologie [51<sup>th</sup> Congress of the German Psychological Society] in Frankfurt.

**Zygar, C.**, Hagemeyer, B., Pusch, S., & Schönbrodt F. (2018, Juli). *Understanding the relationship between motives and relationship satisfaction: A differentiated look at intra-individual processes of agentic motivation.* Präsentation auf der 19. European Conference on Personality in Zadar, Kroatien.

**Zygar, C.**, Hagemeyer, B., Pusch, S., & Schönbrodt F. (2017, November). *Motive und Motivation in Partnerschaften: Eine präregistrierte Experience-Sampling Studie [Motives and motivation in couple relationships: A preregistered experience sampling study].* Präsentation auf dem 37. Motivationspsychologischen Kolloquium [37<sup>th</sup> Colloquium on Motivation Psychology] in Trier.

**Zygar, C.**, Hagemeyer, B., Pusch, S., & Schönbrodt F. (2017, September). *Motivationale Mikrodynamiken in Paaren. Eine Experience-Sampling Studie [Motivational micro dynamics in couples. An experience-sampling study].* Präsentation auf der 14. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik (DPPD) [14<sup>th</sup> Meeting of the Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics] in München.

**Zygar, C.** (2016, Oktober). *Motivationale Zustände im Alltag. Ergebnisse von zwei Experience-Sampling-Studien [Motivational states in everyday life. Results from two experience sampling studies].* Präsentation auf dem 36. Motivationspsychologischen Kolloquium [36<sup>th</sup> Colloquium on Motivation Psychology] in Erlangen.

**Eingeladene  
Vorträge**

**Zygar, C.** (2016, September). *Verhalten am Smartphone als Indikator für fluide Intelligenz. Hypothesengeleitete Analyse von Big Data [Smartphone behavior as indicator of fluid intelligence. Hypothesis-driven analysis of big data]*. Präsentation auf dem 50. Kongress der Deutschen Gesellschaft für Psychologie [50<sup>th</sup> Congress of the German Psychological Society] in Leipzig.

**Zygar-Hoffmann, C.** (2019, April). *Using the Experience Sampling Method for Studying Relationships: Lessons Learned*. Eingeladener Vortrag im Forschungskolloquium des Lehrstuhls für Klinische Psychologie der LMU in München.

**Zygar, C.** (2018, November). *Mit der Experience Sampling Methode psychologische Prozesse besser verstehen oder: From motive dispositions to states to outcomes.” [Understanding psychological processes better with experience sampling or: From motive dispositions to states to outcomes”]*. Eingeladener Vortrag im Forschungskolloquium des Lehrstuhls für Wirtschafts- und Organisationspsychologie der LMU in München.

**Zygar, C.** (2018, Mai). *Vorstellung der Publikation: “From motive dispositions to states to outcomes.” [Presentation of the publication: “From motive dispositions to states to outcomes”]*. Eingeladener Vortrag im Forschungskolloquium der Abteilung Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik der Friedrich-Schiller-Universität in Jena.

---