


Publikationen, Vorträge und Konferenzen

Prof. Dr. Caroline Zygar-Hoffmann 
Infanteriestr. 11a
80797 Munich, Germany



Email: caroline.zygar@charlotte-fresenius-uni.de
Website: <https://psycaroly.github.io/>



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Peer-Reviewed Zeitschriften



-    Eisele, G., ..., **Zygar-Hoffmann, C.**, Myin-Germeys, O., & Kirtley, O. J. (in press). ESM-Q: A Consensus-Based Quality Assessment Tool for Experience Sampling Method Items. *Behavior Research Methods*.
-    Claus, N., Flechsenhar, A., Motka, F., Sckopke, P., Schönbrodt, F. D., Stefan, A. M., Werner, G. G., Cludius, B., & **Zygar-Hoffmann, C.** (in press). Interpersonal versus intrapersonal emotion regulation: Intensity of negative emotion predicts usage probability. *Emotion*.
-    **Zygar-Hoffmann, C.**, Hagemeyer, B., & Schönbrodt, F. D. (2024). The reflection of motive dispositions in everyday agentic motivational states. *Motivation Science*, 10(4), 379–386. <https://doi.org/10.1037/mot0000344>. Preregistration and study materials: <https://osf.io/fwh5t/>
-    **Zygar-Hoffmann, C.**, Cristoforo, L., Wolf, L. & Schönbrodt, F. D. (2022). Eliciting short-term closeness in couple relationships with Ecological Momentary Interventions. *Collabra: Psychology*, 8(1): 38599, 1-26. <https://doi.org/10.1525/collabra.38599>. Preregistration and study materials: <https://osf.io/aghcm/>
-   Werner, G., Sckopke, P., Cludius, B., Stefan, A., Schönbrodt, F. D., & **Zygar-Hoffmann, C.** (2022). The predictive power of insomnia symptoms on other aspects of mental health during the COVID-19 pandemic: A longitudinal study. *Journal of Sleep Research*, e13641, 1-13. <https://doi.org/10.1111/jsr.13641>. Preregistration and study materials: <https://osf.io/72ejg/>
-   Pusch, S., Schönbrodt, F. D., **Zygar-Hoffmann, C.**, & Hagemeyer, B. (2022). Motivational interdependence in couple relationships. *Frontiers in Psychology*, 13:827746, 1-22. <https://doi.org/10.3389/fpsyg.2022.827746>. Study materials: <https://osf.io/2fz5w/>
- Schönbrodt, F., **Zygar-Hoffmann, C.**, Frank, M., & Gollwitzer, M. (2022). Gute wissenschaftliche Praxis „hands-on“: Ein Kerncurriculum für Empirische Praktika. *Psychologische Rundschau*, 73(2), 130–132. <https://doi.org/10.1026/0033-3042/a000590>
-   Schönbrodt, **Zygar-Hoffmann**, Nestler, Pusch, & Hagemeyer (2021). Measuring motivational relationship processes in experience sampling: A reliability model for moments, days, and persons nested in couples. *Behavior Research Methods*. <https://doi.org/10.3758/s13428-021-01701-7>. Study materials: <https://osf.io/jmeaw/>
-   Pusch, S., Schönbrodt, F. D., **Zygar-Hoffmann, C.**, & Hagemeyer, B. (2021). Perception of communal motives in couples: Accuracy, bias, and their associations with relationship length. *Journal of Research in Personality*, 91. <https://doi.org/10.1016/j.jrp.2020.104060>. Study materials: <https://osf.io/jc932/>
-    **Zygar-Hoffmann, C.**, Pusch, S., Hagemeyer, B., & Schönbrodt, F. D. (2020). Motivated behavior in intimate relationships: Comparing the predictive value of motivational variables. *Social Psychological Bulletin*, 15(2), 1-37. <https://doi.org/10.32872/spb.2873>. Preregistration and study materials: <https://osf.io/urwq7/>
-    **Zygar-Hoffmann, C.**, & Schönbrodt, F. D. (2020). Recalling experiences: Looking at momentary, retrospective and global assessments of relationship satisfaction. *Collabra*:

Psychology, 6(1): 7, 1-26. <http://doi.org/10.1525/collabra.278>. Preregistration and study materials: <https://osf.io/sq7mw/>

  Pusch, S., Schönbrodt, F. D., **Zygar-Hoffmann, C.**, & Hagemeyer, B. (2020). Truth and wishful thinking: How interindividual differences in communal motives manifest in momentary partner perceptions. *European Journal of Personality*, 34(1), 115-134. <https://doi.org/10.1002/per.2227>. Study materials: <https://osf.io/cbsgq/>

  Schönbrodt, F. D., Hagemeyer, B., Brandstätter, V., Czikmantor, T., Gröpel, P., Hennecke, M., . . . **Zygar-Hoffmann, C.**, & Schultheiss, O. C. (2020). Measuring implicit motives with the picture story exercise (PSE): Databases of expert-coded German stories, pictures, and updated picture norms. *Journal of Personality Assessment*, 1-14. <https://doi.org/10.1080/00223891.2020.1726936>. Study materials: <https://osf.io/dj8g9/>

   **Zygar, C.**, Hagemeyer, B., Pusch, S., & Schönbrodt, F. D. (2018). From motive dispositions to states to outcomes: An intensive experience sampling study on communal motivational dynamics in couples. *European Journal of Personality*, 32, 306–324. <https://doi.org/10.1002/per.2145>. Preregistration and study materials: <https://osf.io/b8pu6/>

  **Zygar, C.**, & Pfundmair, M. (2017). Does the female cycle matter? Looking at aggressive intentions after social exclusion. *Social Influence*, 12(1), 1-14. doi: 10.1080/15534510.2017.1301990. Open data and study materials: <https://osf.io/aqrm9/>

Datensatz-Publikationen

Zygar-Hoffmann, C., Hagemeyer, B., Pusch, S., & Schönbrodt, F.D. (2020). *A large longitudinal study on motivation, behavior and satisfaction in couples: Research data from a four-week experience sampling study with a pre-, post-, and one-year follow-up-assessment [translated title] [data and documentation]*. Trier, Germany: Center for Research Data in Psychology PsychData of the Leibniz Institute for Psychology Information ZPID. <https://doi.org/10.5160/psychdata.zrce18mo99>

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt, F.D. (2018). *From motive dispositions to states to outcomes: Research data of an intensive experience sampling study on communal motivational dynamics in couples [translated title] [data and documentation]*. Trier, Germany: Center for Research Data in Psychology PsychData of the Leibniz Institute for Psychology Information ZPID. <https://doi.org/10.5160/psychdata.zrce16dy99>

Andere Zeitschriften

Zygar, C. & Albert von-der-Gönn, J. (2018). Big Data in der Psychologie [Big data in psychology]. *Akademie Aktuell*, 64, 54-55. http://badw.de/fileadmin/pub/akademieAktuell/2018/64/AA_0118_18_Zygar_V03.pdf

Zygar, C., Schabel, S., & Woschée, R. (2016). Bewerber geben Arbeitsproben ab [Job candidates provide work samples]. *Personalwirtschaft Recruiting Guide 2016*, 92-94.

Zygar, C. (2015). Sinnvoll Feedback geben am Arbeitsplatz [Giving reasonable feedback in the workplace]. *Evidenzbasierte Wirtschaftspsychologie*, (1). Ludwig-Maximilians-Universität München. http://evidenzbasiertesmanagement.de/dokumente/ebm_dossiers/ebm_01_feedback.pdf

Buchkapitel

Zygar-Hoffmann, C. (in press). Motivational processes in everyday experience. In O. C. Schultheiss & J. C. Pang. (Ed.), *Implicit Motives*. Oxford University Press.

Zygar, C. & Angus, J. (2016). Dankbarkeit [Gratitude]. In D. Frey (Ed.), *Psychologie der Werte [Psychology of Values]* (S.37-52). Berlin, Heidelberg: Springer.

Abschlussarbeiten

Zygar-Hoffmann, C. (2020). *Taking a closer look at the ups and downs in couple relationships: Using the Experience Sampling Method to study motivation, behavior, and feelings in dyads*. <https://doi.org/10.5282/edoc.26579>

Zygar, C. (2016). *Verhalten am Smartphone als Indikator für fluide Intelligenz [Smartphone behavior as indicator of fluid intelligence]*. <https://osf.io/fa2t3/>

Konferenz-
Vorträge

Zygar, C. (2013, June 24). *Der Einfluss emotionaler Intelligenz auf die Befriedigung impliziter Motive [The influence of emotional intelligence on the satisfaction of implicit motives]*. <https://doi.org/10.17605/OSF.IO/6CSF7>

Zygar-Hoffmann, C., Hagemeyer, B., & Schönbrodt F. (2024, September). *The experience of agentic motivational states in couple relationships and their relationship to motive dispositions*. Präsentation auf dem 53. Kongress der Deutschen Gesellschaft für Psychologie in Wien, Österreich.

Zygar-Hoffmann, C., Hagemeyer, B., & Schönbrodt F. (2023, Oktober). *Zusammenhänge von momentan erlebter agentischer Motivation mit impliziten und expliziten Motivdispositionen [Relationships between momentary experienced agentic motivation and implicit as well as explicit motive dispositions]*. Präsentation auf dem 41. Motivationspsychologischen Kolloquium [41th Colloquium on Motivation Psychology] in Jena.

Zygar-Hoffmann, C., Cristoforo, L., Wolf, L. & Schönbrodt, F. D. (2023, Juni). *Using Ecological Momentary Interventions to elicit momentary feelings of closeness to one's relationship partner*. Präsentation auf der Society for Ambulatory Assessment Conference 2022 in Amsterdam, Niederlande.

Zygar-Hoffmann, C. & Schönbrodt, F. D. (2023, Mai). *Experimental Study on Motivational Processes in Couples using Ecological Momentary Interventions*. Pre-Study-Poster auf der Society for the Improvement of Psychological Science Conference 2023 in Padua, Italien.

Zygar-Hoffmann, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. (2022, Juli). *Synchrony and Dominance: Strategies to solve motivational conflicts in couple relationships?* Präsentation auf der digitalen 20. European Conference on Personality ausgerichtet von der Universität Madrid, Spanien.

Zygar-Hoffmann, C. & Schönbrodt, F. (2021, November). *Experiencing communion and independence in couple relationships: How motive dispositions and motivational states interact to overcome situational barriers*. Präsentation auf dem 39. Motivationspsychologischen Kolloquium [39th Colloquium on Motivation Psychology] in Zürich, Schweiz.

Zygar-Hoffmann, C. & Schönbrodt, F. (2021, September). *The role of motive dispositions and motivational states for persistent instrumental behavior in couple relationships during the COVID-19 pandemic*. Präsentation auf der digitalen 15. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik (DPPD) ausgerichtet von der Universität Ulm.

Zygar-Hoffmann, C. & Schönbrodt, F. (2021, Juli). *On different regulation strategies of closeness and distance in intimate relationships*. Präsentation auf der digitalen Society for Ambulatory Assessment Conference 2021 ausgerichtet von der Universität Zürich, Schweiz.

Zygar-Hoffmann, C. & Schönbrodt, F. (2020, Januar). *Assessing relationship satisfaction with experience sampling: Achieving accuracy and reducing bias*. Präsentation auf der Society for Ambulatory Assessment Conference 2020 in Melbourne, Australien.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. (2018, September). *Motivationale Konflikte in Partnerschaften: Synchronisation oder Dominanz? [Motivational conflicts in relationships: Synchronisation or dominance?]*. Präsentation auf dem 38. Motivationspsychologischen Kolloquium [38th Colloquium on Motivation Psychology] in Konstanz.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. (2018, September). *Paarforschung mit impliziten Motiven: Mit Experience-Sampling die motivationalen Prozesse verstehen [Relationship research with implicit motives: Understanding the motivational processes with experience sampling]*. Präsentation auf dem 51. Kongress der Deutschen Gesellschaft für Psychologie [51th Congress of the German Psychological Society] in Frankfurt.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. (2018, Juli). *Understanding the relationship between motives and relationship satisfaction: A differentiated look at intra-*

individual processes of agentic motivation. Präsentation auf der 19. European Conference on Personality in Zadar, Kroatien.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. (2017, November). *Motive und Motivation in Partnerschaften: Eine präregistrierte Experience-Sampling Studie [Motives and motivation in couple relationships: A preregistered experience sampling study]*. Präsentation auf dem 37. Motivationspsychologischen Kolloquium [37th Colloquium on Motivation Psychology] in Trier.

Zygar, C., Hagemeyer, B., Pusch, S., & Schönbrodt F. (2017, September). *Motivationale Mikrodynamiken in Paaren. Eine Experience-Sampling Studie [Motivational micro dynamics in couples. An experience-sampling study]*. Präsentation auf der 14. Arbeitstagung der Fachgruppe Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik (DPPD) [14th Meeting of the Professional Group of Differential Psychology, Personality Psychology and Psychological Diagnostics] in München.

Zygar, C. (2016, Oktober). *Motivationale Zustände im Alltag. Ergebnisse von zwei Experience-Sampling-Studien [Motivational states in everyday life. Results from two experience sampling studies]*. Präsentation auf dem 36. Motivationspsychologischen Kolloquium [36th Colloquium on Motivation Psychology] in Erlangen.

Zygar, C. (2016, September). *Verhalten am Smartphone als Indikator für fluide Intelligenz. Hypothesengeleitete Analyse von Big Data [Smartphone behavior as indicator of fluid intelligence. Hypothesis-driven analysis of big data]*. Präsentation auf dem 50. Kongress der Deutschen Gesellschaft für Psychologie [50th Congress of the German Psychological Society] in Leipzig.

Eingeladene Vorträge

Zygar-Hoffmann, C. (2025, Februar). *Dyadic regulation of closeness in couple relationships*. Eingeladener Vortrag auf der SPSP (Society for Personality and Social Psychology) Preconference Motivation Science in Denver, USA.

Zygar-Hoffmann, C. (2024, November). *The role of motives and motivational processes for intimate relationships*. Eingeladener Vortrag im Forschungskolloquium des Lehrstuhls für Entwicklungspsychologie (Prof. Dr. Michaela Riediger) der Friedrich-Schiller-Universität in Jena.

Zygar-Hoffmann, C. (2024, November). *The role of motives and motivational processes for intimate relationships*. Eingeladener digitaler Vortrag im Forschungskolloquium des Lehrstuhls für Persönlichkeitspsychologie (Prof. Dr. Marie Hennecke) der Ruhr-Universität Bochum.

Zygar-Hoffmann, C. (2019, April). *Using the Experience Sampling Method for Studying Relationships: Lessons Learned*. Eingeladener Vortrag im Forschungskolloquium des Lehrstuhls für Klinische Psychologie der LMU in München.

Zygar, C. (2018, November). *Mit der Experience Sampling Methode psychologische Prozesse besser verstehen oder: From motive dispositions to states to outcomes.* [Understanding psychological processes better with experience sampling or: From motive dispositions to states to outcomes"]. Eingeladener Vortrag im Forschungskolloquium des Lehrstuhls für Wirtschafts- und Organisationspsychologie der LMU in München.

Zygar, C. (2018, Mai). *Vorstellung der Publikation: "From motive dispositions to states to outcomes."* [Presentation of the publication: "From motive dispositions to states to outcomes"]. Eingeladener Vortrag im Forschungskolloquium der Abteilung Differentielle Psychologie, Persönlichkeitspsychologie und Psychologische Diagnostik der Friedrich-Schiller-Universität in Jena.

Ausgerichtete Konferenzen

Schönbrodt, F. D., Schiestel, L., Le, N., & **Zygar-Hoffmann, C.** (Oktober, 2024). Ausrichtung des 25. Motivationspsychologischen Kolloquium 2024 in München.